

# AGHEXCHANGE



Dear AGHE Community:

I'm pleased to share with you the first AGHEXchange of the new decade. As always, it is filled with helpful information to incorporate into your work. Before diving in, read below for important upcoming deadlines.

Fellow nominations for FAGHE are **open through February 15** using the [online nomination form](#). Please review the [2020 Code of Procedure and Requirements](#). [The fellow nominations page on the GSA website](#) is also a good resource for information on the nomination requirements and process. Fellow status in AGHE recognizes those members who have made significant contributions to the field of gerontology and geriatrics education during the course of their careers.

Abstract submissions for the GSA Annual Scientific Meeting **open on January 31 and close March 12**. Last year we had an excellent representation of educational-related symposia, paper presentations and posters. Let's have a repeat this year. Watch the AGHE Community on GSA Connect for information about the session codes to select to indicate that your submission relates to AGHE's educational focus.

On a related note, we will soon be recruiting members to volunteer as abstract reviewers. It is important to have reviewers familiar with our topic area so that AGHE submissions are well represented at the annual scientific meeting. Information about signing up to volunteer will be posted on the GSA Open Forum and in our AGHE Community.

Do you admire the contributions a colleague has made to our field? Nominate your colleague for an AGHE award. AGHE's rich awards program recognizes educators, students and administrators for their contributions to the field of gerontology and geriatrics education. Awards nominations are open from **February 1 through March 31**. You can find a complete list of AGHE awards and nomination information [here](#). (Note nominations for some of the awards, including the James McKenney Student Travel Award, are accepted in the summer. More information will be available at a later date.)

Also, please note that the GSA Annual Scientific Meeting will be held in Philadelphia, PA from November 4-8, 2020, an earlier date in November than in years past. Information regarding registration will be available June.

Best regards,

A handwritten signature in black ink that reads 'Judy C. Howe'.

Judy Howe



## **Consider Making Your Careers in Aging Week Intergenerational: Ideas from the ILRCE Sponsored Symposium**

It's never too early to start planning for Careers in Aging Week (CIAW), an annual event hosted by AGHE and GSA "to raise awareness about the diverse [careers available](#) in the field of aging." Each April, colleges and universities from across the globe plan events and activities to promote student interest and to bring greater awareness and visibility to the rapidly expanding and wide-ranging career opportunities in the field of aging.

[Read Full Article](#)

## **GSA Connect: Pathway to Successful Aging?**

Carrie Andreoletti, PhD  
Professor, Psychological Science  
Coordinator of Gerontology  
Central Connecticut State University  
[andreolettic@ccsu.edu](mailto:andreolettic@ccsu.edu)

We all know that challenging ourselves and learning new things is good for us, yet when it comes to learning one more internet platform, we often resist. Google Docs, One Drive, Dropbox, LinkedIn, Facebook, Twitter, and the list goes on and on. So how can I convince you to start using GSA Connect?

Although GSA Connect is a bit "clunky" at first, once you learn its quirks (like click on the folder icon when you enter a library to more easily see all of the library contents), you will find that it not as complicated as you might think. GSA Connect allows you to join different interest groups and communities each with their own discussion boards and libraries (I hope you are all members of the AGHE Community). Once you have joined the communities and groups in which you are interested, you can easily access discussions and library resources by logging into GSA Connect and going to "My Communities." You will also receive a summary email whenever there is a new post in one of your groups or communities. Although you need to log on to GSA Connect to start a new discussion, you can easily respond to ongoing discussions right from your email. There is no need to save these emails since everything is stored on GSA Connect.

GSA Connect is a great place for interest groups to archive documents and resources easily accessible to anyone who joins the group. For example, the Intergenerational Learning, Research, and Community Engagement (ILRCE) Interest Group has created a folder in our library for sharing resources and has archived presentations and resource materials from the 2018 AGHE Teaching Institute, "Intergenerational Experiential Learning in the Classroom and Online: Successful Models from Simple to Complex." In addition to developing our library, we are encouraging members to get to know one another by introducing themselves and sharing a little bit about what brings them to the group. There are many other creative ways GSA and AGHE members can stay connected through the year via GSA Connect.

What does this have to do with successful aging? Social connection and a sense of purpose and mastery are considered important components of maintaining health and wellbeing across the lifespan, key ingredients for successful aging. Not only is GSA Connect a great way to foster social connections with colleagues across the globe who share your passions and interests, it can also contribute to a sense of mastery once you learn to navigate the platform! Although I can't guarantee successful aging via GSA Connect, I can promise you the challenge of learning something new! If you need help, [start here](#).

### AGHE Teaching Institute 2019 Highlights & Looking Ahead

I want to personally thank everyone who helped make this year's Teaching Institute preconference a big success — Judith Howe, Gena Schoen, 30+ participants, and an expert panel of 9 presenters (see our photo below). The topic for this year's Institute was "What Teaching, Learning, and Training Could Look Like at an Age-Friendly University." Each presentation was engaging, informative, and gave everyone much to think about regarding how to build, assess, and maintain an Age Friendly University (AFU). The following will highlight key aspects of the Institute as well as what we can look forward to in 2020.



Teaching Institute 2019 Presentation Panel — left to right — Brian Chapman, Melissa Cannon, Margaret Manoogian, Laura Donorfio, Lisa Borrero, Carrie Androletti, Lyn Holley, Kimberly Farah, and Joann Montepare. Not pictured: Nina Silverstein.

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In 2019, ten students were selected for the James McKenney Student Travel Award, which provided travel funds for the students to attend AGHE programming at the GSA Annual Scientific Meeting in Austin, Texas. At the conclusion of the meeting, the students completed a 50-100 word "Post Annual Meeting Statement of Learning" reflecting on their experience at the Meeting. Below are the statements from the 2019 recipients. For more information about the James McKenney Student Travel Award, [click here](#).



[Read Full Article](#)

### Using community photography competitions to engage people in aging-related topics

In this article I briefly share steps for implementing community-wide photography competitions centered on aging-related themes, which can facilitate multi-generational and multi-cultural discussions about aging. It is hoped that this information may provide fodder for the creative imaginations of others interested in fostering community attention on older adults' experiences and interactions with people of a variety of ages and cultures.



**Artist:** Sheila K. Ter Meer

**Artwork:** "Rose"

**Recognition:** Overall Winner of the Aging in the Wabash Valley photography competition

**Description:** Aging with Flourish: "Rose" of Clay County is one of the several young-at-heart in the Wabash Valley who refuse to let a slower gait and aging eyesight keep them from seeking amusement or social companionship. "Rose" never learned how to drive, has macular degeneration in one eye, and walks with a cane; but looks forward to karaoke nights and joining like-minded gadabouts on day trips and weekend getaways with Terre Haute Travel Company. On this day last June, the

Septuagenarian boarded the Belle of Cincinnati at Newport, Kentucky, for a two-hour dinner cruise on the Ohio River.



**Artist:** Ashley Kuhn

**Artwork:** "Love Survives"

**Recognition:** One of the two Top Amateur Winners of the Aging in the Wabash Valley photography competition

**Description:** Love Survives is of my grandmother and my mother who have both battled breast cancer. My grandmother wanted an image of the two of them that showed her full mastectomy, as well as my mother's survivor tattoo. They were diagnosed with this disease within 3 months of one another and battled it together; I wanted to capture the love and strength it took to be alive and together today. They are my inspiration to live life fully.

[Read Full Article](#)

### Help Us Continue to Grow our AGHE Teaching Library!

Last year, the AGHE Advancement Committee led efforts to begin building an AGHE teaching library by holding a "Teaching Tips Contest" in preparation for the GSA Annual Scientific Meeting in Austin, Texas. To this end, AGHE members were asked to submit their best age-friendly teaching tips, lesson plans, class activities, etc. for a chance to win a prize at the Meeting. The winner of the contest, Dr. Brenna Renn from the University of Washington, was decided via a random drawing during the AGHE Breakfast and presented with a copy of *A Hands-on Approach to Teaching about Aging* (Eds. H. Baker, T. M. Kruger, & R. J. Karasik), a resource full of engaging classroom activities.

As we plan to continue to grow our teaching library, you are all encouraged to continue submitting your best teaching tips via the [Survey Monkey link](#). They will benefit us all!

#### Dr. Renn's teaching tip, "Deconstructing Ageism"

This is a longitudinal exercise to introduce "ageism" and use writing exercises and class discussion to deconstruct this prejudice.

First, on the first day of class, students partake in a "think/pair/share" exercise. They spend 3-5 minutes freewriting (by themselves) about what comes to mind when they think of aging or older adulthood. This is otherwise unprompted so as to let it be a relatively unstructured and unprimed response. Then, students pair up and discuss their responses with a partner (also a good icebreaker). Then, the entire class comes together, and we have a group discussion, with each dyad reporting back on major themes while I write these down on the whiteboard in the front of the room. This serves as the basis for extracting commonalities across the class, particularly related to ageist beliefs, including positive ageism (e.g., "Old people are sweet...").

I have students turn in their written reflection, which I hold on to until the end of the course.

Then, near the end of the course, I hand back their writings from the first week of class and give everyone five minutes or so to write a reflection on how their views of aging have changed over the course. This is again a "think/pair/share" exercise in which we come back together as a group to discuss the responses and changes in attitudes over the course. The real impact of this exercise is in the students' ability to see their own progression in thinking.

### **A little more about Dr. Renn:**

As a clinical geropsychologist, my teaching, research, and clinical work center on increasing access to and utilization of evidence-based psychosocial interventions for older adults, especially in our de facto mental health care setting — primary care medicine. In my current role as a faculty member at the University of Washington School of Medicine, my teaching has largely been with psychiatry residents, clinical social worker trainees, practicing psychotherapists, and primary care providers and prescribers. I also mentor post-baccalaureate students in research to support their aims of getting into graduate school in clinical psychology or related disciplines. Prior to this, I taught at the undergraduate psychology level.

Given the workforce crisis in gerontological health professions, it is never too early to drum up exposure and interest in aging-related work among students! I'm thrilled to be learning more about active engagement strategies to inspire this potential workforce. The interdisciplinary nature of our work lends itself to teaching about the applied gerontological settings (e.g., primary care, specialty medicine, home health, etc.), and as instructors, we should strive to incorporate interprofessional educational strategies when possible.

More Resources! The teaching resource book given as the winning prize, *A Hands-on Approach to Teaching about Aging* (Eds. H. Baker, T. M. Kruger, & R. J. Karasik), is [available for purchase](#) via Springer. All royalties go to AGHE.

Make a Difference! Consider donating to the AGHE Tree of Knowledge Fund, which creates opportunities for classroom learning through building and housing resources as well as other initiatives, like funding students to go to GSA. Donations can be made by logging into the [Support GSA page](#).

### **Gerontology & Geriatrics Education**

**Gerontology & Geriatrics Education**, the official journal of the *Academy for Gerontology in Higher Education*, is a peer-reviewed journal that focuses on the exchange of information related to research, curriculum development, course and program evaluation, classroom and practice innovation, and other topics with educational implications for gerontology and geriatrics. It is designed to appeal to a broad range of readers, including faculty, students, practitioners, administrators, and policy makers and is dedicated to disseminating cutting edge and evidence-based knowledge in the field of gerontology and geriatrics education.



The Gerontology & Geriatrics Education Editorial Board meets in Austin, TX, November 2019. From L to R: (Front Row) Elizabeth Bergman, Dana Bradley, Kelly Niles-Yokum, Donna Wagner, Josea Kramer, Harvey Sterns (Middle Row) Mark Brennan-Ing, Alyse Taggart (Managing Editor, Taylor & Francis), Donna Weinreich, Nina Silverstein, Judy Howe, Marilyn Gugliucci (Back Row) Tom Meuser, Jan Jukema, Philip Taylor, Thomas Caprio, Rona Karasik, Jennifer Kinney, Aaron Ogletree.

### **Your AGHE 2020 Leaders**

In January 2019, GSA members voted to approve changes to GSA's bylaws and articles of incorporation, authorizing a plan to make several major updates to the Society's governance structure. The new governance structure has taken effect and among the highlights are stimulating greater interdisciplinary collaboration by allowing members to participate in more than one section, and transitioning governance activities to a new board structure, which enables section leaders to focus on professional, educational, and scientific activities.

AGHE's 2020 leadership team consists of:

- Judy Howe, Chair and Vice Chair
- Nina Silverstein, Past Chair
- Dana Bradley, Vice Chair-Elect
- Eugenie Stephenson, ESPO Jr. Leader — Year 2
- Lauren Bouchard, ESPO Jr. Leader — Year 1

### **Want to Know "What's Hot"?**

Age-Friendly Universities, that's what! Find out why in the most recent issue of GSA's *What's Hot* newsletter, *Higher Education and Aging: The Age-Friendly*



## Movement, Building a Case for Age Inclusivity.

In this issue, supported by AARP, the wide-ranging possibilities of the Age-Friendly University (AFU) movement are discussed. From articles focusing on AFU principles, to the wide-ranging societal benefits, and institutional success stories, this issue is chock-full of resources to answer your questions about the AFU movement and how you can play a role to fuel its momentum. Our AGHE colleagues Carrie Andreatti, Joann M. Montepare, and Nina M. Silverstein served as advisory board representatives for the issue. You can access the newsletter for free on GSA's publication site.

## AGHE Awards and Honors season is upon us!

The call for nominations for many of AGHE's Awards and Honors will open on February 1st and close on March 31. We have a recognition for just about everything including mentoring, scholarship, teaching, literature, and leadership. We hope you will take a look at all of the wonderful opportunities to honor your colleagues and students [here](#) and get those nominations in for consideration! Please watch your email and AGHE Connect for more information.

## AGHE Breakfast at GSA 2019





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1220 L St. NW, Suite 901, Washington, DC 20005